



Course Title:	Sexual Safety and Relationships
Course aims	This half-day workshop aims to offer delegates a better understanding of the sexual safety and relationships within a health and social care setting. Emphasis will also be on what practical strategies we need to consider within the service setting.
Course outcomes	<p>By the end of this workshop, delegates will:</p> <ul style="list-style-type: none"> ▶ Receive an overview of the legislation, guidance and background relating to sexual safety and relationships - e.g. Human Rights 1998, Mental Capacity Act 2005, Promoting Sexual Safety Through Empowerment 2020 ▶ Reflect on sexual safety, stigmas and taboos; challenge our own thoughts, values and beliefs and consider what we can do to promote a culture of inclusion and empowerment. ▶ Support people to maintain, develop and have safe sexual relationships, to speak up if concerned about harmful behaviours, understand predatory behaviour and recognise early warning signs of distress. ▶ Look at what support we can put in place; explore care environments and risk assessments, the use of and improvement of technology to support safety, positive risk taking, issues surrounding social media, mobile phones, mobile devices and the internet ▶ Through the use of case studies, explore the roles and responsibilities of staff, as identified in Care Act, using a non-judgemental, personalised approach with the people who require our support
Target Sector	This course is suitable for workers in a range of roles that have a direct impact on the lives of people within health and social care services.

What's the Message? Ltd

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