



Foundation Level: Autism Acceptance (Children and Adult services)

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| Course Title: | Autism Acceptance |
| Length/duration of course | 1 day 6 hours average contact time. |
| Course aims | <p style="text-align: center;"><i>“I Do Not Want ‘AWARENESS’. I want you to accept me. Accept my need for routine and quiet. Accept my sensitivity to noise. Accept my swaying and rocking and flappy hands. Accept that I don’t do small talk or chit chat Or sometimes, I don’t speak at all. I’m glad you are aware I exist. Now it’s time to ACCEPT ME for who I am.”</i></p> <p>This interactive 1-day workshop aims to offer delegates an insight into autism with the latest research and support. ,</p> |
| Course outcomes | <p>By the end of this workshop, delegates will be able to:</p> <ul style="list-style-type: none"> • Have an insight into the history and range of the autism spectrum and ‘spikey profile’ including common myths, misconceptions, neurodiversity, identity and co-morbidities • Understand how to support an autistic way of thinking for example: stimming and special interests. • Be aware of the challenges faced by an autistic person, in a world designed for neurotypical people, for example, sensory, executive functioning, social communication (including scripting, echolalia) and social interaction (including apraxia and prosopagnosia – face blindness) • Understand the concept of Theory of Mind and implement a basic 'visual story' to help an autistic person understand the context of the social environment, perspective of others and coping strategies. • Consider individualised approaches as part of the person’s positive behaviour support plan • Identify ways of changing practice to create an enabling and inclusive workplace |
| Target Sector | This course is suitable for staff in a range of roles that have a direct impact on the lives of autistic people. |

What’s the Message? Ltd

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