



**All courses will offer opportunity to discuss individual behaviours and support plans**

<b>Course title:</b>	<b>Level 1 Introduction (Supporting Dementia) Day One: Positive Behaviour Support</b>
Length/duration of course	1 day 6.5 hours average contact time.
Course aims	PBS is based on the values of recognising that behaviours which challenge develop to serve a purpose for people. For a support plan to be truly person-specific our starting point must be to understand why the person is challenging. In other words – <b><i>what's the message?</i></b>
Course outcomes	<p>By the end of this workshop, delegates will be able to:</p> <p>Understand the functional perspective of why people challenge – <i>quite simply, what's the message?</i> (RRN Std 2.5)</p> <p>Understand the philosophy that underpins Positive Behaviour Support (PBS) including the different levels and what is meant by 'primary, secondary and reactive' strategies (RRN Std 2.5, 2.6, 2.7, 2.8)</p> <p>Identify how personal values and attitudes can impact on organisational culture and our relationships with the people we support (RRN Std 2.3)</p> <p>Understand the importance of recognising, recording and adjusting setting conditions – both personal and environmental – and the impact this can have on trigger events (RRN Std 2.5)</p> <p>Recognise behaviour escalation and the different types of strategies used throughout each phase – <i>what works, when and why?</i> (RRN Std 2.5, 2.6, 2.7, 2.8)</p> <p>Gain a basic understanding of how disease can impact on different areas of the brain and how this can manifest in different types of behaviour (RRN Std 2.5)</p> <p>Recognise the importance of person-centred communication and what we can do to support the 'Triple A's': in other words, <i>Apraxia, Agnosia and Aphasia</i> (RRN Std 2.5)</p> <p>Apply a range of de-escalation interventions such as identifying early warning signs, calming, redirection, planned ignoring – <i>what can you do de-escalate a situation and empower the person to regain self control</i> (RRN Std 2.6, 2.7)</p> <p>Complete an ABC (Antecedent, Behaviour, Consequence) chart and other good practice planning templates through the use of evidence- based case study work (RRN Std 2.3 2.12. 2.13)</p>
Participant profession	All staff working with this client group including residential, day settings, fieldwork and health. <b>Older Adult and Dementia services</b>

**What's the Message? Ltd**

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**All courses will offer opportunity to discuss individual behaviours and support plans**

<b>Course title:</b>	<b>Level 2 Foundation: (Supporting Dementia) Day 2: Positive Behaviour Support (*if required: incorporating certified BILD ACT and RRN training)</b>
Length/duration of course	1 day. 6.5 hours average contact time
Course aims	To enable participants to understand the communicative function of behaviours that challenge and implement strategies to promote a culture of positive behaviour support (PBS).
Course outcomes	<p>By the end of this workshop, delegates will be able to:</p> <p>Ensure consistency of approach, within services, by understanding the key components of a person-centred Rapid Support plan (based on a model of 70 percent prevention, 20 percent de-escalation and 10 per cent reactive) (RRN Std 2.3, 2.5, 2.6, 2.7, 2.8, 2.14)</p> <p>Implement primary prevention strategies by understanding what we need to consider when using complementary therapies (for example, laughter, doll, pet, reminiscence/life story work and music therapy) (RRN Std 2.5)</p> <p>Consider how we can close the gap and build positive and appropriate relationships by challenging the stigma associated with Dementia and culture which can identify as 'social malignant psychology' (RRN Std 2.3, 2.14)</p> <p>Understand the importance of accurate record keeping and the requirements for effective post incident management and support (RRN Std 2.13, 2.14, 2.15)</p> <p>Recognise different types of restraints and restrictive practice that may be present within the workplace and reflect on the rational for their use and consider alternative approaches and best interest of the people we support. (RRN Std 2.1, 2.2, 2.3, 2.4, 2.8, 2.8a, 2.9, 2.10, 2.11, 2.14, 2.15)</p> <p>Understand what is meant by the terms duty of care and candour including decision making and human factors within the context of the health and social care role. (RRN Std 2.3. 2.3, 2.4)</p> <p>Consider the requirements for post incident management and review including team and individual debrief and incident recording (RRN Std 2.12, 2.13).</p> <p>*Subject to behaviour audit: Demonstrate competency with certified release (breakaway) techniques (relevant to service area) and understand the Law in relation to national and local policy, reasonable force, restraint reduction, human rights and health, risk and safety consideration (RRN Std 2.8. 2.10, 2.15)</p>
Participant profession	All staff working with this client group including residential, day settings, fieldwork and health <b>Older Adult and Dementia services</b>

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